



Summary of the evaluation referring to the PM Agorà event in Athens 2024

The data have been collected online, via Google form, from the 25th till the 31st of October 2024. The notice about this feedback collection was sent out via three mails (on the 15th, on the 29th and on the 30th of October) sharing the link of the online survey. The questionnaire, that was anonymous, was filled in by 23 participants.

Below, the detailed score per item, including answers to open questions:

Item – Question	Average ¹ score ²	Scores distribution
FIRST DAY		
Networking Session Ice-Breaking Activities	4.96	6: 8 responses 5: 8 responses 4: 5 responses 3: 2 responses
Panel Discussion: Experiences of veteran EU project managers. (Moderator: C. Achilleos; Panellists: P. Katana, S. Voulgaris, M. Markowicz, D. Djokic, K. Karameri)	4.65	6: 6 responses 5: 7 responses 4: 7 responses 3: 2 responses 2: 1 response
Overall Evaluation Of The First Day.	4.87	6: 5 responses

¹ To calculate the average score on a 6-point Likert scale, each response is weighted according to its score. Each score (6, 5, 4, 3, 2, and 1) is multiplied by the number of respondents who selected that score. For instance, if 8 respondents selected a score of 6, this score is multiplied by 8. These weighted results are then summed to obtain a total score. Finally, this total is divided by the number of respondents who answered the item, yielding the average score.

This method calculates the overall rating by factoring in both the score levels and the number of respondents selecting each one.

² For this survey, we used a 6-point Likert scale, with values from 1 to 6. The midpoint of this scale is 3.5, which we used as a dividing line:

- **Scores above 3.5** are considered "positive," indicating agreement, satisfaction, or favourable responses.
- **Scores below 3.5** are considered "negative," reflecting disagreement, dissatisfaction, or unfavourable responses.

		5: 11 responses 4: 6 responses 3: 1 response
SECOND DAY		
Workshop: What is “Wellbeing”: creating a common ground of reflection and interaction”. Facilitator: <u>Aimilia Markouizou Gkika</u>	5.30	6: 12 responses 5: 8 responses 4: 2 responses 3: 0 responses 2: 1 response
First report and presentation of the Project Managers wellbeing research. Presenter: <u>Alessandro Carbone</u>	5.22	6: 10 responses 5: 9 responses 4: 3 responses 3: 1 response
Discussion Panel - “Wellbeing as a holistic concept”. (Moderator: ME. Romanini, Panellists: V. Manika, A. Dania, A. Markouizou Gkika, M. Papazoglou)	4.78	6: 7 responses 5: 5 responses 4: 10 responses 3: 1 response
THE WELLBEING WORLD CAFE: ROUND 1 - Reflection techniques and insight to enhance personal wellbeing. Facilitator: <u>Ilias Michael Rafail</u>	5.35	6: 13 responses 5: 6 responses 4: 3 responses 3: 1 response
E WELLBEING WORLD CAFÉ ROUND 2 - The Disturber: friend or foe? Facilitator: <u>Alexandra Vassiliou</u>	5.17	6: 12 responses 5: 6 responses 4: 2 responses 3: 3 responses
THE WELLBEING WORLD CAFÉ ROUND 3 - Coaching for a work and life harmony. Facilitator: <u>Maria Papazoglou</u>	4.09	6: 2 responses 5: 7 responses 4: 8 responses 3: 4 responses 2: 1 response 1: 1 response
Optional, answer only if you attended: EMPOWERMENT Theatre - Laboratory by <u>BO Maria Daskalova</u>	4.74	6: 10 responses 5: 6 responses 4: 2 responses 3: 3 responses 2: 0 responses 1: 2 responses
Overall Evaluation Of The Second Day	5.17	6: 1 response 5: 2 responses

		4: 4 responses
Rate The Quality Of The Venue	5.35	6: 11 responses 5: 9 responses 4: 3 responses
Rate The Quality Of The Coffee Breaks And Lunch	4.22	6: 4 responses 5: 5 responses 4: 8 responses 3: 5 responses 2: 0 responses 1: 1 response